



Sports & Physical Activity Sessional Youth Worker



224 YOUTH ZONE

Opening in Spring 2026, 224 Youth Zone, Bristol will become the new home and evolution of Youth Moves. Empowering Young People in South Bristol at Youth Moves, we create spaces where young people feel safe, supported, and empowered to be themselves. Our mission is to help them build confidence, find happiness, and have fun while ensuring their voices are heard. Our youth clubs provide welcoming, purpose-built spaces in the heart of South Bristol. Here, young people can connect, take part in diverse activities, and engage in projects that benefit their communities. Beyond our youth clubs, we offer targeted youth work and one-to-one mentoring tailored to individual needs. We also collaborate closely with schools to provide additional support and actively reach out to engage young people in their neighbourhoods.

THE FUTURE: 224 YOUTH ZONE

In 2026, in partnership with OnSide and Bristol City Council, Youth Moves will open 224 Youth Zone, a dynamic, state-of-the-art hub designed to inspire and uplift young people. This will become the new home of our award-winning charity. 224 Youth Zone isn't just a youth centre; it's a space for young people aged 8 to 19 (and up to 25 for those with additional needs) to explore their passions and unlock their potential. With over 20 different activities, including football, boxing, climbing, creative arts, music, drama, and employability training, there's something for everyone. Our team of skilled and dedicated youth workers will be at the heart of the Youth Zone, offering guidance, encouragement, and support. Whether through informal chats or structured activities, they will help young people build confidence and work towards their dreams. As part of OnSide's national Youth Zone network, 224 Youth Zone will bring together the local community, authorities, and businesses to create lasting opportunities for young people. We believe that investing in the next generation is an investment in a brighter future for all. For just 50p per visit, members will have access to: Indoor climbing wall, 3G kick pitch, fully equipped gym, dance and drama studio, music room, arts and crafts room, skate park, training kitchen, martial arts gym, enterprise suite, health, and wellbeing room, and much more. We'll also have a café serving hot meals for just £1! This is for every session open!

SAFEGUARDING

Youth Moves is dedicated to improving the lives of children and young people in South Bristol through high-quality youth work. As a provider of both open access and targeted youth services, we are fully committed to safeguarding and promoting the welfare of children and young people. We firmly believe that safeguarding is everyone's responsibility, and that the safety and well-being of every child and young person is our top priority.

At Youth Moves, we recognise that all children and young people, regardless of their age, culture, gender, ethnicity, disability, sexual identity, language, or beliefs, have the right to be protected from harm. We also acknowledge the heightened vulnerability of some children and young people in our community, and therefore we regard safeguarding as an essential part of all our work. High standards of safeguarding practice underpin all our services, ensuring that every child and young person we work with can thrive in a safe, supportive environment.

For more information on our safeguarding commitments please see our [Safeguarding Policy](#)

JOB DESCRIPTION

JOB TITLE:

Sports & Physical Activity Sessional Youth Worker

CONTRACT:

Permanent

Part time from 8 to 24 hours per week

This role involves regular evening & weekend shifts



PAY:

£13.08 per hour with annual leave allowance

LOCATION:

224 Youth Zone (South Bristol)

REPORTING TO:

Youth Work Team Leaders / Coordinators

LINE REPORTS:

This role will involve the supervision of volunteers assisting with your sessions.

BENEFITS:

- 33 Days Annual leave (+ 1 day Birthday Leave) (Pro-rata)
- Cycle to work scheme
- Purchase Annual leave
- Employee Assistance Programme (EAP)
- Enhanced Maternity/ paternity Leave
- Free gym access (once the Youth Zone opens)

THE ROLE

At 224 Youth Zone, we believe that every young person deserves a safe, inspiring place to grow and thrive. As a Sports & Physical Activity Sessional Youth Worker, you'll help deliver a fun, inclusive and high-quality programme of activities for young people aged 8 to 19 (up to 25 years of age with additional needs). You will engage and support members across our Juniors (8-12) and Seniors (13-19) sessions, encouraging participation in a range of activities related to sports and physical activities.

RESPONSIBILITIES

Key Responsibilities:

- Deliver fun, structured, age-appropriate sports sessions
- Adapt activities to suit different abilities, needs and interests
- Promote physical health, wellbeing and positive use of free time
- Support young people to try new activities and challenge themselves safely

- Use sport to develop life skills (confidence, resilience, communication, leadership)
- Support young people's emotional wellbeing and self esteem
- Identify additional needs and signpost to appropriate support when required
- Be part of delivering engaging, inclusive, and high-quality sessions
- Build positive, professional relationships with children and young people
- Encourage participation, positive behaviour, and enjoyment in all activities
- Motivate and support children and young people to try new activities and take part fully
- Work inclusively, adapting activities to ensure all children and young people can participate and feel welcome
- Act as a positive role model and maintain clear professional boundaries
- Support the mission of 224 Youth Zone by delivering high-quality youth work that supports children and young people's personal, social, and educational development

Teamwork, Culture & Engagement:

- Work collaboratively with staff and volunteers to deliver sessions
- Support and guide volunteers during sessions to help them develop in their roles
- Contribute to a positive, welcoming, and inclusive culture across the Youth Zone
- Bring new ideas, skills, and enthusiasm to the team and programme offer
- Represent 224 Youth Zone positively with colleagues, partners, and visitors
- Support promotional activities, visits, and events at the Youth Zone
- Actively promote the Youth Zone and encourage membership and engagement

Safeguarding, Safety & Standards:

- Follow all safeguarding and child protection policies and procedures, and promptly report any concerns in line with organisational processes
- Promote health and safety, wellbeing, equality, and diversity at all times
- Follow all organisational policies, procedures, and codes of conduct

All 224 Youth Zone Employees are expected to:

- Be a role model for young people, present a positive 'can-do' attitude and take personal responsibility for your own actions.
- Work within the performance framework of the organisation and live the values of 224 Youth Zone and the OnSide Network, contributing to a culture of high performance, continuous improvement and a young person first, team always ethos.
- Represent and promote the Youth Zone positively and effectively in all dealings with internal colleagues and external partners, assist with any promotional activities and visits that take place at 224.

- Comply with all policies, procedures, and codes of conduct, with particular reference to Safeguarding, Health & Safety, and Equity, Diversity & Inclusion.
- Carry out other reasonable duties assigned by senior leadership.

PERSON SPECIFICATION

Applicants will be expected to demonstrate the experience, skills, abilities and attributes listed.

ESSENTIAL CRITERIA

- Experience of working with children and young people
- Understanding of the principles of working with children and young people
- An understanding of youth work practice, or a willingness to learn and develop youth work skills
- Ability to engage children and young people and build positive, professional relationships
- Experience of working with children and young people from diverse backgrounds and with a range of needs
- Experience of working as part of a team
- Ability to work on own initiative and as part of a team
- Strong verbal and written communication skills
- Ability to communicate effectively with children and young people, parents/carers, colleagues, and members of the public
- Good organisational skills, including the ability to plan, manage time effectively, and meet deadlines
- Ability to plan and evaluate activities or sessions, including completing basic session plans and evaluations
- Knowledge of safeguarding, health and safety, equality, and diversity best practice
- Reliable and punctual, with good timekeeping
- Flexible and willing to work evenings, weekends, and other unsociable hours when required and willingness to cover events, holidays, and staff absence as needed
- Commitment to safeguarding and promoting the welfare of children and young people

DESIRABLE CRITERIA

- Valid First Aid at Work qualification
- Experience using Salesforce or other similar programs
- Any qualifications around sport or other physical activities
- Experience with leading sporting groups and activities

APPLICATION PROCESS

To apply:

1.Fill out the online application form via this link: [Apply Here](#)

2.If there are any reasonable adjustments we can make to assist you in your application or the selection process, please let us know in your application form, or contact us via jobs@224youthzone.org

DBS CHECK REQUIREMENTS:

This role will be based in the Youth Zone and in accordance with our Child Protection and Safeguarding procedures, this position requires an Enhanced DBS check

Within your application form, we will ask you if:

- You have any unspent conditional cautions or convictions under the Rehabilitation of Offenders Act 1974
- You have any adult cautions (simple or conditional) or spent convictions that are not protected as defined by the Rehabilitation of Offenders Act 1974 (Exceptions) Order 1975 (Amendment) (England and Wales) Order 2020

CLOSING DATE AND INTERVIEWS:

We are working on tight timelines. Please notify us with your application if you are not available for any of the scheduled dates.

CLOSING DATE FOR APPLICATIONS:

Friday 6th March 2026

1st STAGE INTERVIEWS

Group interview sessions will take place at 224 Youth Zone on Saturday 14th March 2026

FINAL STAGE INTERVIEWS

These will take place on Sunday 15th March and will be 20-minute individual interviews.

For information on how Youth Moves processes your data, go to <https://www.youthmoves.org.uk/privacy-policy>

The strength of OnSide comes from the diversity of the people within our vibrant network. We are proud that our Youth Zone teams reflect the communities they serve, and we value people working together from a range of different backgrounds, locally and nationally, and with different experiences, all with a shared passion for boosting the aspirations of young people across the country. Diversity brings innovation, fresh ideas and creativity, and we actively strive to create a culture that is truly inclusive and fair for all and where everyone in the team can be themselves and thrive.

ONSIDE YOUTH ZONES NETWORK VALUES



YOUNG PEOPLE FIRST

Young people are at the heart of everything we do, inspiring and challenging us to deliver services that exceed their needs and challenge them to be the best they can be.

EXCELLENCE

We encourage ourselves and each other to be the best we can be through continuous learning and improvement, and a focus on finding solutions.



RESPECT

We act with honesty and integrity, celebrating diversity across the whole organisation and caring about each other, our young people and the Youth Zone environment.



AMBITIOUS

We are passionate and driven in taking on new challenges, embracing new ideas, and exceeding our ambitions for young people, the Youth Zones and our local communities.

COLLABORATIVE

We will create and nurture strong, creative partnerships, working together to achieve better results and outcomes for young people.

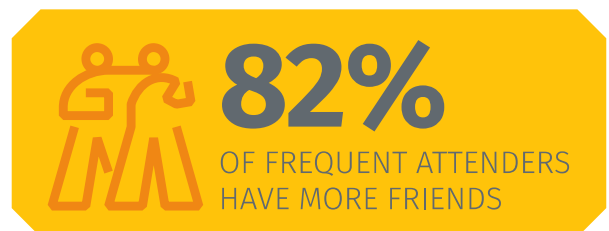


OnSide
Here for young people

PROVEN IMPACT



GIVE YOUNG PEOPLE A SAFE EXCITING PLACE TO GO TO HAVE FUN,
BUILD THEIR SOCIAL NETWORKS AND SUPPORT THEIR PERSONAL DEVELOPMENT



HELP YOUNG PEOPLE LEAD HEALTHIER, HAPPIER LIVES

